

Glasgow Athletics Association

Supporting athletics in Glasgow

Metric Milers Meetings

Friday 5th August 2011
1500m/5000m

Entries Close on Wednesday 27th July 2011

The 1500m will be limited to eight races and the 5000m will be limited to two

Athlete entry: £5

Spectator fee: £2 (children under 12 free)

Coach entry: free (with coaching pass)

Start lists and race timetable will be published online at
www.glasgowathletics.org.uk three days before the meeting

- The competition will start at 7.00pm and races will adhere to the timetable.
- All races will be paced
- All races will be seeded on current Power of 10 data
- Entries will be available by pre-entry ONLY
- Electronic timing will be available

Entries should be posted to:
GAA Administrator
C/O Athletics Development
Sport and Events
20 Trongate
G1 5ES

If you do not receive an email confirmation of your entry within seven days of posting it please contact:
sean.watson@glasgowlife.org.uk If you enter in the last week and have not received an email confirmation by Wednesday the 27th July please email Sean a.s.a.p.

Official Entry Form



*For official use only

Glasgow Athletics Association
Metric Milers Meet

Name _____

Address _____

Postcode _____

Email Address _____

Club/School _____

Date of Birth _____

Age Group (2011) _____

Telephone Number _____

Mobile Number _____

SAL Membership No _____

Competition Date Friday 5th August 2011

Event _____ Personal Best _____

Signed _____ Date _____

Parental authorisation if aged under 16 on the night of the race.

Signed _____ Date _____

Relationship to Athlete _____