

BOOKING FORM

I would like to book the Athletics camp on week

Name of 1st child D.O.B.

Name of 2nd child D.O.B.

Name of 3rd child D.O.B.

Address

.....

..... Postcode

Telephone No

Emergency Contact Name/Relationship

Emergency Contact No

How did you find out about the camp (please complete)

.....

.....

Please tick if you wish to attend the fun day at Scotstoun Stadium on Wednesday 10th August

Please Note: Photographs may be used for marketing purposes at certain venues - Please tick this box if you would not like your child to have their picture taken at any of the camps.

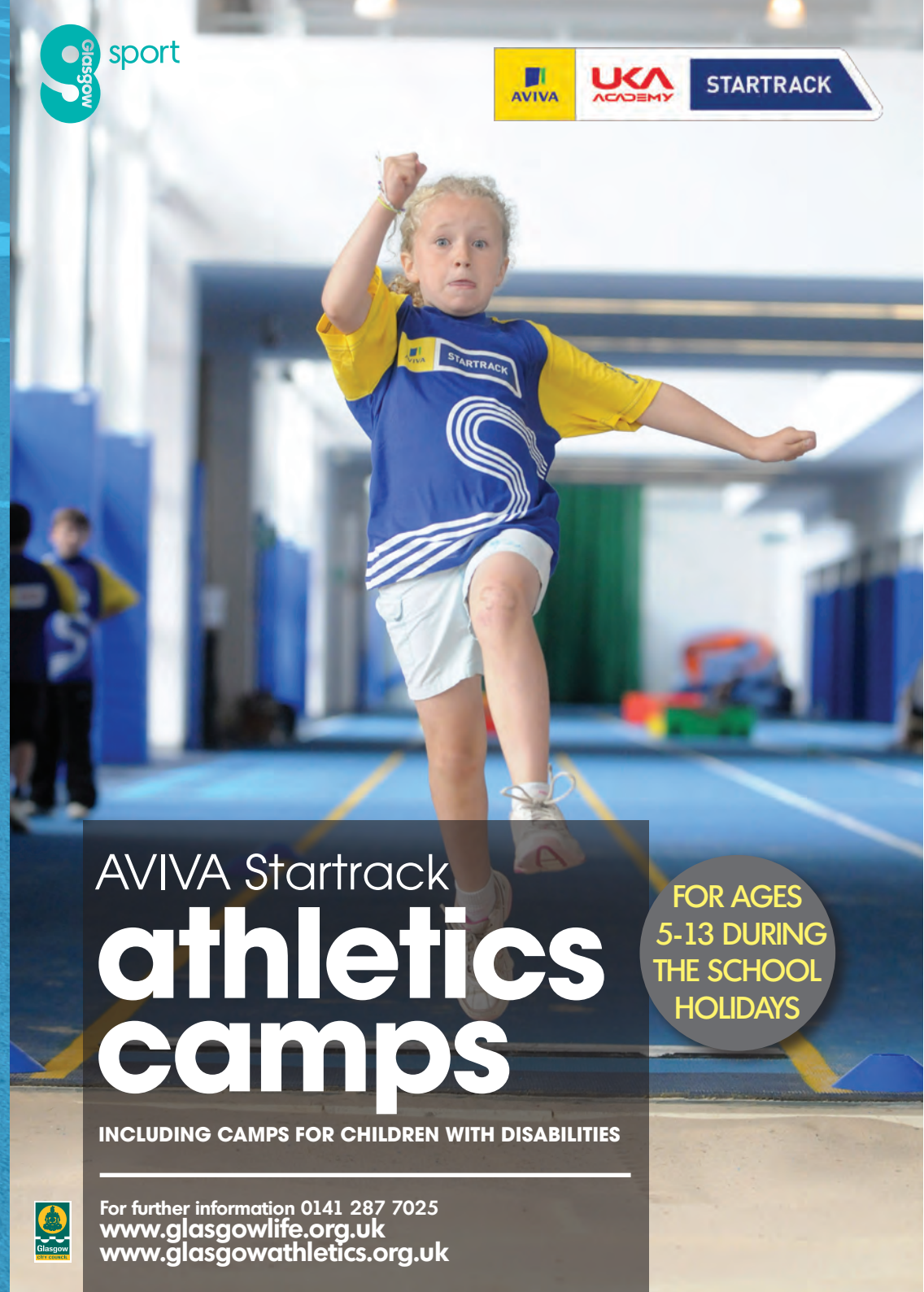
Please bring the form along to the camp on the first day along with payment or return the form to:

Glasgow Athletics Association
Glasgow Sport
20 Trongate
Glasgow
G1 5ES

Cheques for the appropriate amount should be made payable to 'Glasgow Athletics Association.

For more information contact Glasgow Athletics Association on 0141 287 7025 or Sean.watson@glasgowlife.org.uk

All camps must have a minimum of 6 children or camp will be cancelled.



AVIVA Startrack athletics camps

FOR AGES
5-13 DURING
THE SCHOOL
HOLIDAYS

INCLUDING CAMPS FOR CHILDREN WITH DISABILITIES



For further information 0141 287 7025
www.glasgowlife.org.uk
www.glasgowathletics.org.uk

CAMP DATES

Week 1	
27th June - 1st July	10.00 - 13.00
Week 2	
4th July - 8th July	10.00 - 13.00
Week 3	
11th July - 15th July	10.00 - 13.00
Week 4	
18th July - 22nd July	10.00 - 13.00
Week 5	
25th July - 29th July	10.00 - 13.00
Week 6	
1st August - 5th August	10.00 - 13.00

FUN DAY

There will be an Athletics Fun Day to celebrate the end of the Summer Holidays; this will be a free event for all children who attended the Glasgow Athletics Association Aviva Star Track Camps. Please tick the box on the application form if you wish to attend this session.



COSTS

First child in family
£40

Second child in family
£20

Third and consecutive child in family
No Charge

Camps are organised in three groups, initially by age.

Group 1 **5 - 7 years**
Introduction to fun athletics based games.

Group 2 **8 - 10 years**
Introducing athletics using specifically developed equipment.

Group 3 **11 - 13 years**
Children are taught athletics event skills.

All camps are suitable for children with disabilities.

FREQUENTLY ASKED QUESTIONS

What is the AVIVA Startrack Holiday Programme?

AVIVA startrack is somewhere you can go to be introduced to all the exciting activities in athletics. Activities are all fun based and you are sure to enjoy yourself. It will hopefully be your stepping stone to of Glasgow's many athletics clubs and who knows, maybe even the Commonwealth or Olympic Games!

Do I have to be 'super fit' to take part in a camp?

No, the camps are coached in an inclusive atmosphere in which all children are encouraged to participate and fulfill their athletic potential.

Do the camps run all year or where can I continue athletics after the camps?

No, the camps only run during the holidays, but the Glasgow Athletics Association have Run, Jump, Throw clubs throughout the city which provide fun athletics sessions for children during school term time.

Where can I sign up for a camp?

There is a booking form on the back of this leaflet, just complete this and return along with payment. Alternatively you can turn up on the first day of the week.



3 YEARS TO GO With only 3 years to go we're working harder than ever to ensure the Glasgow 2014 Commonwealth Games leaves a lasting legacy for Glasgow. Our focus is on encouraging a greater involvement in sport and healthy living, recreational and cultural activities, training and volunteering in the run up to, and beyond 2014.

Find out more about the city's plans to ensure every Glaswegian has the chance to benefit from and be involved in the Games - visit www.gameslegacyglasgow.com