

GAA MILER MEET

SATURDAY 4th JANUARY 2025

TIMETABLE

Start Time	Race No.	Event	Pacer	Pace
14:00	1	800m - (1:55)	Sam Brown	
14:05	2	800m - (2:02)	Annie McLean	59/60s
14:10	3	800m- (1:50)	Sam Brown	
14:16	4	3000m - (sub 10:30)	David Tamburini	83/84s
14:31	5	3000m - (sub 10:00)	Niamh Carr	79/80s
14:46	6	3000m - (sub 10:15)	David Tamburini	81/82s
15:01	7	3000m - (sub 9:45)	Fraser Gilmour	77/78s
15:16	8	3000m - (sub 9:30)	Glen Griffiths	75/76s
15:30	9	3000m - (sub 9:10)	Lewis Hannigan	72/73s
15:44	10	3000m - (sub 9:00)	Jonathon Moore	71/72s
15:58	11	3000m - (sub 8:45)	Glen Griffiths	69/70s
16:12	12	3000m - (sub 8:30)	Lewis Hannigan	67/68
16:26	13	3000m - (sub 8:20)	Sam Brown	66/67s
16:40	14	3000m - (sub 8 & 8:10)	TBC Ben Potrykus Oliver Barbaresi	64/65s 62/63s 62/63s